

## Behavioral Health Integration and Trauma Informed Care Learning Collaborative Spring 2020

In collaboration with the Michigan Health Center Controlled Network and the Massachusetts League of Community Health Centers, the National LGBT Health Education Center is hosting a learning collaborative aimed at assisting health centers in behavioral health integration strategies and implementing trauma informed care tools in their clinical practice. This effort is particularly focused on the needs of LGBTQIA+ identified patients, and both the behavioral health integration component and trauma informed care component will center on the social determinants of health and modes for improved health outcomes for LGBTQIA+ people.

Lesbian, gay, bisexual, transgender, queer, intersex, asexual, and other sexual and gender minority (LGBTQIA+) people experience significant health disparities and require preventive services and treatment interventions tailored to their unique needs. Minority stress adversely impacts behavioral health outcomes for LGBTQIA+ people, and often an integrated medical and behavioral health model can help to catch patients who would otherwise fall through the cracks for mental and behavioral health screening and attention. Further, LGBTQIA+ people have a disproportionate prevalence of trauma- and stress- related disorders, and it is important to learn best practices for working with people affected by trauma. This learning collaborative will focus on these two subject areas with the goal of helping participants to implement behavioral health integration strategies and trauma informed care tools across their practice sites.

During this learning collaborative, health center staff will have the opportunity to learn from other health centers as well as our expert faculty. The sessions are designed to be part didactic and part discussion.

The Spring 2020 program will feature **one 30-minute individual phone call and three one-hour virtual sessions, to take place on the dates below:**

Session 1: May 12, 1-2pm EST – Introduction to Behavioral Health Integration and Trauma Informed Care  
Session 2: May 26, 2-3pm EST – Implementing Strategies and Understanding Social Determinants of Health  
Session 3: May 27, 1-2pm EST – Group discussion, review of concepts, open Q&A, and final remarks

Initial 30-minute phone calls will be arranged prior to the May 12 start date once health centers have identified themselves as participants.

We recommend that behavioral health professionals and medical professionals from your health center attend the learning collaborative. However, participation is flexible depending on whom this would be most relevant for at your health center.

For questions regarding your particular health center and primary care association, please contact:

Massachusetts League of Community Health Centers: Susan Dargon-Hart - [sdargonhart@massleague.org](mailto:sdargonhart@massleague.org)

Michigan Primary Care Association: Jackie Chandler - [jchandler@mpca.net](mailto:jchandler@mpca.net)